



The **CAPITAL RESOURCE NETWORK** (CRN) welcomes newly relocated professionals and their family to the region through a holistic approach, helping to provide needed information and local connections to alleviate relocation stresses and concerns.

The CRN provides approximately 20 hours of service within a six-month period. We serve as a point of contact for questions, a reference for resources, a connector to business, community, and employment networks in the Capital Region.

### Increase your productivity and reduce your stress

Even prior to your start date, the CRN professionally and confidentially provides local support that allows you to focus on the new job. The CRN is ideal for seeking solutions and resources to the everyday questions you may have in rebuilding your community as you relocate. From recreational programs, to finding special resources for a loved one, or knowing you are working with a trusted realtor and/or other service providers, the CRN is here for you.

### Be a part of your new community

In addition to serving as a safety zone and an ongoing resource for questions, the CRN will share invitations to events and send notices about volunteer and social opportunities.

The CRN checks-in on a monthly basis, helping to support you and your family to live and work in the Capital Region, allowing you to thrive in your new community in smooth fashion.

### Leverage our network's dual-career support

A resource to spouses and partners looking for employment, the CRN supports multiple

strategies towards networking in the Capital Region. One unique aspect of the program includes coordination of informational meetings. Networking does not guarantee employment; however, it offers access to invaluable job search elements such as advice about the local landscape, questions about future hiring, potential referrals to colleagues, and an essential in-person exchange.

### SERVICES

- **Initial Consult**
- **New Arrival Integration**
- **Dual Career Support**





## Initial Consult

The Initial Consult is a confidential conversation between you and the CRN representative to provide information about the career support and integration services being offered. As a neutral party, the CRN staff answers questions that are important in making an informed decision about moving to the Capital Region. Some discussions may include children's resources, medical concerns, eldercare challenges, and other private concerns where specific resources may be required.

An initial consult does not imply a commitment, it simply helps to explore options, offer an alternative perspective and provide insight to the full services that would be available to you in your new position.

## New Arrival Integration

Based on individual needs, the CRN will provide:

- Monthly check-ins for up to six months
- Insight on area resources
- Access to volunteer opportunities and social events
- Assistance with strategic introductions
- Point of contact for information on schools, utilities, rentals, volunteering, community service organizations, and affinity groups

## Dual Career Support

The CRN works directly with the spouse/partner of the new employee to develop multiple strategies for gaining employment in the region at a quicker rate through:

- One-on-one coaching and strategy support
- Selective informational meetings (up to 3)
- Professional networking opportunities
- Feedback on resume and other written materials
- Interview preparation



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**Community changes everything!**

We look forward to assisting you discover and grow your new community in the Capital Region.